

British Association for Cardiovascular Prevention and Rehabilitation



## BACPR Annual Conference

Thursday 6th & Friday 7th October, 2011  
Brighton, Thistle Hotel

### *Partnership working to improve care*

in association with BACPR-EPG, BANCC,  
BDA Heart UK, BHF, BSH, PCCS, EACPR and CACR

Join us at BACPR 2011 in Brighton; the meeting place  
for all health professionals involved in cardiovascular  
disease prevention and rehabilitation.

### *Keynote lectures from international experts*

- Dr Stephan Gielen (Germany) on Highlights from EuroPrevent Geneva 2011
- Dr Bob Reid (Canada) on Team Behaviour Change
- Dr Barry Franklin (USA) on Lifestyle Modification Counselling

### *Breakout sessions*

- Highlights from PCCS 2011
- Physical Activity Consensus Statement
- Appetite, Glycaemic Index and Obesity
- Smoking Cessation
- Triggers for Cardiac Events
- Congenital Heart Disease

### *Plus*

- BHF and BACPR Celebrating Cardiac Rehabilitation Award
- Oral and Poster Presentations
- Gala dinner with comedian John Ryan





## BACPR Annual Conference

Thursday 6th & Friday 7th October, 2011

Brighton, Thistle Hotel

*Partnership working to improve care*

Provisional programme

THURSDAY 6th OCTOBER 2011		
Registration opens from 11.00am		
11.15 - 12.15	<b>Astra Zeneca Pre-Conference Workshop</b> (coffee provided) The Big Question: The future of ACS patient outcomes	
12.00 - 1.00	<b>Lunch</b>	
1.00 - 1.10	<b>Conference Opening: Welcome to Brighton</b>	Professor Gill Furze
<b>Chair: Professor Gill Furze</b>		
1.10 - 2.00	<b>BACPR update</b> BACPR Standards, NACR update and the Impact of the Commissioning Pack for CR	Dr John Buckley Professor Bob Lewin Professor Patrick Doherty
2.00 - 2.35	<b>Keynote session</b> Highlights from EuroPrevent Geneva 2011 in Cardiovascular Disease Prevention and Rehabilitation	Dr Stephan Gielen <i>Incoming President of the European Association for Cardiovascular Prevention and Rehabilitation</i>
2.35 - 3.10	Improving Cardiac Rehabilitation in the New Commissioning World	Professor Sally Singh, <i>Head of Cardiac &amp; Pulmonary Rehabilitation</i> Michael Kaiser, <i>Assistant Director of Strategy and Commissioning</i>
3.10 - 3.50	<b>Moderated Posters, Tea, Coffee</b>	
<b>Chair: Sally Hinton</b>		
3.50 - 4.35	<b>Keynote session</b> CR Team Behaviour Change; An essential ingredient to developing effective partnerships	Dr Bob Reid <i>President of the Canadian Association of Cardiac Rehabilitation</i>
4.35 - 4.50	BHF/BACPR Cardiac Rehabilitation Award Finalist 1	TBC
4.50 - 5.05	BHF/BACPR Cardiac Rehabilitation Award Finalist 2	TBC
5.05 - 5.20	BHF/BACPR Cardiac Rehabilitation Award Finalist 3	TBC
5.20 - 5.30	<b>The Future Vision for the BACPR</b>	Jenni Jones
5.35 - 6.10	<b>AGM and Wine Reception (*members only)</b>	
THURSDAY 6th OCTOBER 2011 EVENING EVENTS		
7.30pm	<b>Drinks reception</b>	
8.00pm	<b>Gala Dinner (Black Tie/Smart)</b> Announcement of the winner of the BHF/BACPR 'Celebrating Cardiac Rehabilitation Award' By popular demand the return of <b>John Ryan</b> , comedian	
10.00pm til late	<b>Music and Dancing</b>	

## CONCURRENT SESSIONS FRIDAY 7th OCTOBER 2011

	<b>British Association for Nursing in Cardiovascular Care / Primary Care Cardiovascular Society</b> <b>Chair: Scott McLean/ Ann-Marie Johnson</b>	<b>BACPR - Exercise Professionals Group</b> <b>Chair: Annie Holden</b>	<b>British Dietetic Association: Heart UK Group</b> <b>Chair: Kath Paterson</b>
<b>9.00 - 9.45</b>	<i>Jan Keenan and Catriona Jennings</i> The Future of Acute Cardiac Care in the UK	<i>Dr Gary O'Donovan</i> ABC of Physical Activity Consensus Statement from BASES	<i>Professor Gary Frost</i> Appetite, Glycaemic Index and Obesity
<b>9.45 - 10.15</b>	Oral Abstract Presentations in Nursing Related Topics	Oral Abstracts Presentations in Exercise and Physical Activity	Oral Abstract Presentations in Diet and Weight Management
<b>10.15 - 10.45</b>	<b>Tea, Coffee, Posters</b>		
<b>10.45 - 11.15</b>	<i>Dr Fran Sivers and Dr Chris Arden</i> Highlights from PCCS 2011	<i>Dr Barry Franklin</i> Triggers for Cardiac Events	<i>Dr Lee Hooper</i> What Type of Fat Should we be Recommending?
<b>11.15 - 12.00</b>	<i>Dr Bob Reid</i> The Ottawa Model for Smoking Cessation: Simpler, systematic and more successful approaches to smoking cessation	<i>Lynne Kendall</i> Congenital Heart Disease	<i>Sue Baic</i> Behind the Media Headlines: Update on supplements
<b>12.00 - 1.30</b>	<b>Lunch and Posters</b>		
<b>12.00 - 12.30</b>	<b>BACPR-EIN AGM:</b> <i>Members only</i>	<b>ACPICR AGM:</b> <i>Members only</i>	<b>BASES Exercise Practitioners AGM:</b> <i>Members only</i>

## FRIDAY 7th OCTOBER 2011 AFTERNOON SESSION

**Chair: Kathryn Carver**

### Complex clinical cases in cardiac rehabilitation

<b>1.30 - 1.50</b>	Improving Access to Psychological Therapies for People with Heart Disease	Dr Paul Sigel <i>Consultant Clinical Psychologist</i>
<b>1.50 - 2.25</b>	<b>Keynote session by the BSH</b> Managing and Delivering Care for Heart Failure Patients	Jane Butler <i>Consultant Nurse</i> Annie MacCallum <i>Lead Heart Failure Nurse</i>
<b>2.25 - 2.55</b>	Psychosocial Considerations for ICD's in Cardiac Rehabilitation	Dr John Sharp <i>BHF Principal Clinical Psychologist</i>
<b>2.55 - 3.30</b>	<b>Keynote session</b> Counselling Coronary Patients for Lifestyle Modification: Strategies for success	Dr Barry Franklin <i>Director of the Cardiac Rehabilitation and Exercise Laboratories at William Beaumont Hospital, USA</i>
<b>3.30 - 3.45</b>	<b>Closing remarks and Evaluation</b> Followed by Tea and networking opportunity	





**For On Line Registration visit [www.bacpr.com](http://www.bacpr.com)**

**For conference accommodation please visit  
<https://www.conferencebookings.co.uk/delegate/BTNBACPR2011>**

**BACPR  
9, Fitzroy Square, London W1T 5HW  
020 7380 1919  
[bacpr@bcs.com](mailto:bacpr@bcs.com)**

**Conference Venue:**

**Thistle Hotel  
King's Road  
Brighton  
BN1 2GS**