



BACPR Exercise Professionals Group Study Day
Expanding our Horizons
 Proposed Programme - Friday 15th May 2015

8:45 – 9:15	Coffee, Registration and Exhibition	
9:15 – 9:30	Welcome, housekeeping and BACPR EPG Update	Dr Gordon McGregor <i>Chair, BACPR EPG</i>
Session 1: Exercise and Cancer. Chair: Professor Gill Furze, President BACPR		
9:30 – 9:50	Cancer and exercise - an overview	Professor John Saxton <i>Northumbria University</i>
9:50 – 10:30	Keynote: Determinants of exercise intolerance and benefits of exercise training in women with breast cancer	Professor Mark Haykowsky <i>Alberta Heart Institute</i>
10:30 – 11:00	Cancer patients in a cardiac rehabilitation setting – does it work?	Russell Tipson <i>Action Heart, Dudley</i>
11:00 – 11:30	Break and Exhibition	
Session 2: Generic Exercise Rehabilitation. Chairs : Professor John Buckley and Samantha Breen		
11:30 – 11:55	Cardiac and Pulmonary Rehab - is there any real difference?	Dr Rachel Garrod
11:55 – 12:20	Generic Rehabilitation – what’s the evidence?	Jenni Jones <i>Croi Heart Centre, Galway</i>
12.20 – 12.40	Interactive Expert Panel Discussion	
12:40 – 12:50	Oral Abstract Presentation Cancer rehabilitation from Liverpool Heart and Chest Hospital	Andrew Perry
12:50 – 13:00	Oral Abstract Presentation Developing a supervised exercise programme for patients with peripheral vascular disease	Eddie Caldwell
13.05 – 13:35	ACPICR AGM	
13:35 – 14:05	BACPR Exercise Instructor Network AGM	
13.00 – 14:15	Lunch and Exhibition	
Session 3: Chairs: Dr Gordon McGregor and Brian Begg		
14:15 – 14:45	‘Whats Ap’ in Physical Activity Monitoring?	Dr Charlotte Edwardson <i>University of Leicester</i>
14:45 – 15.15	‘HIITing’ heart disease - what's the evidence?	Dr Lee Ingle <i>University of Hull</i>
15.15 – 15:55	Anti-remodeling benefits of early exercise training post myocardial infarction	Professor Mark Haykowsky <i>Alberta Heart Institute</i>
15:55 – 16.05	Panel discussion	
16.05 - 16:10	Closing Remarks / Tea and Networking opportunity	Dr. Gordon McGregor