



*Improving health, happiness and wellbeing through exercise and a healthy lifestyle*

HAVE YOU OBTAINED A SPORTS SCIENCE DEGREE WITH PHYSIOLOGY OR PHYSICAL ACTIVITY HEALTH AND DISEASE DEGREE?

ARE YOU INTERESTED IN A PART TIME JOB WITHIN CARDIAC AND PULMONARY REHABILITATION?

- You would be working within a multi-disciplinary team comprising of Exercise Physiologists, Specialist Cardiac Nurses, Health Care Assistants and a Doctor
- Patients are referred by their GP, Practice Nurse, Hospital Consultant, local Hospital or Tertiary Centre.
- Clients' ages range from 18-93!
- Working with cardiac, pulmonary and weight management patients both on a 1-to-1 basis and in groups
- Exercise Prescription/individual exercise programmes centred around gym based exercise (not classes)
- Practical experience including ECG reading and manual Blood pressure checks
- Giving advice on healthy eating and physical activity
- Data input into NACR - National Audit of Cardiac Rehabilitation

Post: Junior Exercise Physiologist

Band: 5

Part-time: 30 hours per week plus ad hoc cover

Walsall Rehabilitation and Healthy Living Trust (Heart Care) is a highly regarded, local charity, established for over 30 years and providing cardiac and pulmonary rehabilitation services for Walsall CCG, working closely with Walsall Manor Hospital and New Cross Hospital.

INTERESTED?

Email your CV to Suzanne Ursell, Manager – [Suzanne.ursell@walsall.nhs.uk](mailto:Suzanne.ursell@walsall.nhs.uk)

Or if you want to speak to one of our Exercise Physiologists please contact the Unit on 01922 725050 and ask for Ewen English, Paul Boden or Sarah Heard

**We look forward to hearing from you**

Walsall Heart Care  
12 Portland Street  
Walsall, WS2 8AB