

The Minimum Standards for National Certification Programme for Cardiovascular Rehabilitation: 2018

We will use NACR data and staffing information from the NACR Annual Survey to ascertain whether a cardiovascular rehabilitation (CR) programme meets the following minimum standards.

Minimum Standards (MS)
Standard 1: The delivery of six core components by a qualified and competent multidisciplinary team, led by a clinical coordinator
MS 1.1: At least three professions in the CR team – these are professionals who regularly have input into the CR programme.
Standard 2: Prompt identification, referral and recruitment of eligible patient populations
MS 2.1: Cardiovascular rehabilitation is offered to all these priority groups: MI, MI+PCI, PCI, CABG, Heart Failure.
Standard 3: Early initial assessment of individual patient needs which informs the agreed personalised goals that are reviewed regularly
MS 3.1: Percent of patients with recorded assessment 1 is equal to or more than: England 80%; Northern Ireland 88%; Wales 68%
Standard 4: Early provision of a structured cardiovascular prevention and rehabilitation programme (CPRP), with a defined pathway of care, which meets the individual's goals and is aligned with patient preference and choice.
MS 4.1: Time from post-discharge referral to start of Core CR programme for MI/PCI is equal to or less than national median of England 33 days, Northern Ireland 40 days, Wales 26 days
MS 4.2: Time from post-discharge referral to start of Core CR programme for CABG is equal to or less than national median of England 46 days, Northern Ireland 52 days, Wales days 42
MS 4.3 Duration of Core CR programme is equal to or more than national median of 56 days.
Standard 5: Upon programme completion, a final assessment of individual patient needs and demonstration of sustainable health outcomes
MS 5.1: Percent of patients with recorded assessment 2 (end of CR) is equal to or more than: England 57%, Northern Ireland 61%, Wales 43%
Standard 6: Registration and submission of data to the National Audit for Cardiac Rehabilitation (NACR) and participation in the National Certification Programme (NCP_CR)
MS 6.1: Obtaining a valid NACR NCP_CR report

Assessment of delivery of the core components: In future, once the standard of data included in NACR is improved, then we will be able to assess whether these core components are being delivered in a way that meets minimum standards for outcomes of the components.